

Bosch works at a fast-food hamburger place. She could have chosen to see this in a negative way; instead, she sees it in a positive way. She has reframed this work situation to focus on essential job skills. She is learning to be positive, dependable, hardworking, service-oriented, flexible, and tolerant.

How  
may  
I do

9. **Reward yourself.** The simplest tasks can become discouraging without rewards for progress and for completion. Set up a system of appropriate rewards and consequences. Decide what your reward will be when you finish a project. For an easier task, the reward might be small, such as a snack, a hot shower, or a phone call to a friend. For a larger project, the reward might be going out to dinner, a movie, or a museum or throwing a small party. What are some rewards that would motivate you?

How?

10. **Make learning relevant.** You will be more motivated if you understand the benefits of gaining knowledge and learning new skills in your coursework and the ways they will relate to your performance on the job. You may be attending college just because you love to learn and meet new people. However, it's more likely that you are enrolled to acquire or enhance your knowledge and skills, which will increase your marketability in the workforce.

What are the benefits of Higher Education

### The Benefits of Higher Education

As just mentioned, you will be more motivated in your schoolwork—and more likely to graduate and excel—if you understand how attending college benefits you both today and in the future.

How does

#### HIGHER EDUCATION ENCOURAGES CRITICAL THINKING?

Higher education has its roots in the liberal arts. Many years ago, being an educated person meant having a liberal arts education. *Liberal* comes from the Latin root word *liber*, which means “to free.” A broad education is designed to free people to think and understand themselves and the world around them. The liberal arts include such areas as the arts, the humanities, the social sciences, mathematics, and the natural sciences. Classes in philosophy, history, language, art, and geography focus on how people think, behave, and express themselves in our culture and in the world. The liberal arts integrate many disciplines and provide a foundation for professional programs, such as criminal justice, electronics, computer systems, business, medicine, and law.

Technology is no longer a separate field of study from liberal arts but is an important tool for educated people. Employers want professionals who are creative problem solvers, have good critical thinking skills, can communicate and work well with others, can adapt to change, and understand our complex technical and social world. Liberal arts classes can help make a skilled professional a truly educated professional by providing an integration and understanding of history, culture, ourselves, and our world.

Why is

#### HIGHER EDUCATION IS A SMART FINANCIAL INVESTMENT?

As mentioned earlier, you will be more motivated to put in long hours of studying when you feel the goal is worth it. Higher education is an excellent investment.

“Education’s purpose is to replace an empty mind with an open one.”

MALCOLM FORBES  
Publisher

WORDS TO SUCCEED

I think this sounds arrogant. An effective education system should not be based on empty minds or the idea of...

This discounts student knowledge & experience/collaborative knowledge!